



# Plantation Oaks

## Assisted Living & Memory Care

PURPOSE: To provide policy and procedures related to visitation.

SCOPE: To provide infection control and education policies for visitors in the event of an infectious outbreak.

POLICY: The Resident Care Director will be the person responsible for ensuring that staff adhere to policies and procedures.

- I. Visitation Hours – Visiting hours are 8 am – 7 pm seven days a week; for appointments outside of this window, please call the front desk!
  - a. Visitors to the community will sign in and out on the log in the binder at the front desk with the receptionist. The binder will include this policy for visitor infection control, education, and review and addresses:
    - i. Designated visitors
    - ii. Consensual contact
    - iii. Screening requirements
    - iv. General visitation requirements
    - v. Visitation space
    - vi. Reducing the risk of infection
- II. Designated Visitors
  - a. A resident, client or patient may designate a visitor who is a family member, friend, guardian or other individual as an essential caregiver. The community will allow in person visitation for at least 2 hours daily an essential caregiver in addition to regular visitation as it applies to visiting hours.
  - b. The visitation policy set forth allows in person visitation in all of the following circumstances, unless the resident objects:
    - i. End of Life situations
    - ii. A resident who was living with family before being admitted to a provider's care is struggling with the change in environment and lack of in-person family support.
    - iii. The resident is making one or more major medical decisions.
    - iv. A resident is experiencing emotional distress or grieving the loss of a friend or family member that recently died.
    - v. A resident who needs cueing or encouragement to eat or drink which was previously provided by the family or caregiver.
    - vi. A resident who used to talk and interact with others is seldom speaking.
- III. The community will not require visitors to submit proof of any vaccination or immunization.
- IV. The community will allow consensual physical contact between a resident and the visitor.
- V. Screening requirements

**23301 NW 186<sup>th</sup> Ave**  
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- a. Visitors to the community are required to sign in and out at the front desk with receptionist.
  - i. The visitor will sign the sign in and out log attesting to being non-symptomatic of an infectious disease.
  
- VI. Screening Requirements During Infection Outbreak
  - a. Visitation can be conducted through different means based on the facility's structure and residents' needs, such as in resident rooms, dedicated visitation spaces, and outdoors. Regardless of how visits are conducted, certain core principles and best practices reduce the risk of infectious disease transmission apply and are listed below:
    - i. Visitors should adhere to all infection prevention measures during the visit.
    - ii. Visitors should clean their hands with alcohol-based hand sanitizer or perform hand washing upon arrival.
  
- VII. Visitation Spaces
  - a. There are several options and spaces for visitation to take place in such as in resident rooms, communal visitation spaces, and outdoor spaces.
    - i. Outdoor Visitation
      - 1. Outdoor visitation is preferred as these visits generally pose a lower risk of transmission due to increased space and airflow.
    - ii. Indoor Visitation
      - 1. During indoor visitation within a resident's room or communal space, visitors should be aware of space available within room and coordinate visitation times and number of visitors based on the space available within the room that will be used for visitation.
  
- VIII. Reducing the risk of infectious disease transmission
  - a. There are certain core principles and best practices that reduce the risk of infectious transmission. These core principles are consistent with The State of Florida and can help prevent unknowing transmission of infection. We encourage you to join our efforts in reducing the risk of infection by practicing these measures both inside and outside of the community.
    - i. Cover your mouth and nose with a mask.
    - ii. Ask the receptionist for a mask and/or other PPE if needed.
    - iii. Practice social distance of a minimum of 6 feet or more within and outside of the community to reduce risk of exposure.
    - iv. Wash your hands often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
    - v. When you cough or sneeze use the inside of your elbow and do not spit.
    - vi. Clean and disinfect frequently touched surfaces. This includes tables, doorknobs, light switches, countertops, handles, sinks, faucets, desk, keyboards, phones and tablets.
    - vii. When surfaces are dirty, clean them with a disinfectant that is approved by the EPA to eliminate the virus that cause flu like outbreaks.

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- IX. Physical distancing and mask wearing during an outbreak education.
- a. **What is Physical Distancing?**
    - i. Physical distancing refers to the practice of keeping space between yourself and others to reduce the chance of contact with those who knowingly or unknowingly carry an illness.
  - b. **Why is Physical Distancing Important?**
    - i. Physical distancing is for your protection as much as those that may come into contact with places you have been and touched. The virus can have up to a 14-day incubation period where you may feel no symptoms at all. During this time where you feel fine, you could be spreading the virus to others unknowingly. Visitors must adhere to physical distancing recommendation during visitation when possible.
  - c. **Why is Mask Adherence Important?**
    - i. Per health authority guidance, wearing a face mask can greatly slow the spread of any infectious disease. To be effective, the CDC states that a face mask should cover the mouth and nose and fit snugly against the face. Visitors are required to wear a mask even when vaccinated due to the potential of transmission. Visitors are required to wear masks over their nose and mouth at all times when not eating or drinking.

Want to learn more about physical distancing and reducing your risk of infection? Go to the CDC Website.

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