Plantation Oaks

Assisted Living & Memory Care

| SUNDAY 6/8 | MONDAY 6/9 | TUESDAY 6/10 | WEDNESDAY 6/11 | THURSDAY 6/12 | FRIDAY 6/13 | SATURDAY 6/14 |
|---|---|---|---|---|---|---|
| *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* |
| Toast/Bagel | Toast/Bagel | Toast/Bagel/Danish | Toast/Bagel | Toast/Bagel | Toast/Bagel | Toast/Bagel/ Pancakes |
| Coffee Cake | Muffins | Eggs | Biscuit & Gravy | English Muffin Sandwich | Loaded Omelet | Eggs |
| Eggs | Eggs | Oatmeal | Eggs | Eggs | Eggs | Oatmeal |
| Oatmeal | Oatmeal | Butter Grits | Oatmeal | Oatmeal | Oatmeal | Butter Grits |
| Butter Grits | Butter Grits | Sausage/Bacon | Butter Grits | Butter Grits | Butter Grits | Sausage/Bacon |
| Sausage/Bacon | Sausage/Bacon | Hash Browns | Sausage/Bacon | Sausage/Bacon | Sausage/Bacon | Hash Browns |
| Hash Browns | Hash Browns | | Hash Browns | Hash Browns | Hash Browns | |
| *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| Turkey Roast w/Gravy | Grilled Chicken Strips | Pork Marsala | Baked Ham | Baked or Fried Chicken | Fried Fish | Shepherds Pie |
| Stuffing Mix | Stuffed Shells | Mashed Potatoes | Baked Sweet Potato | Pinto Beans w/Rice | Cheese Grits | Cabbage |
| Green Been Casserole | Asparagus | Steamed Broccoli | Squash Casserole | Collard Greens | Breaded Okra | Spring Mix Salad |
| Dinner Roll | Caesar Salad | Dinner Roll | Dinner Roll | Cornbread | Cole Slaw | Cornbread |
| Apple Crisp | Garlic Roll | Blonde Brownie | Banana Bread | Peach Cobbler | Hush Puppies | Cherry Cheesecake |
| | Cake w/Icing | | | | Lemon Dessert | |
| *Dinner* | *Dinner* | *Dinner* | *Dinner* | *Dinner* | *Dinner* | *Dinner* |
| Ham & Potato Chowder | Cabbage Soup | Vegetable Soup | Chicken Vegetable Soup | Creamy Gnocchi Soup | Split Pea Soup | Creamy Potato Soup |
| Yellow Squash & Zucchini | BLT Sandwich | Chicken a la King | Taco Casserole | Spaghetti w/Meatballs | Patty Melt | Chicken Livers or Chicken Tenders |
| Side Salad | Onion Rings | Buttered Noodles | Refried Beans | Fresh Green Beans | Fries or Chips | Potato Salad |
| Cornbread | Side Salad | Brussels w/ Cranberries | Tortilla Chips & Salsa | Caesar Salad | Broccoli Slaw | Side Salad |
| Ice Cream | Chickpea Salad | Biscuit | Butter Pecan Cake | Garlic Bread | Assorted Desserts | Dinner Roll |
| | Jello Fluff | Pumpkin Pie | | Cookie | | Banana Pudding |

This is a sample weekly menu. Each week's menu items are subject to change.

# Plantation Oaks

Assisted Living & Memory Care

| SUNDAY 6/15 | MONDAY 6/16 | TUESDAY 6/17 | WEDNESDAY 6/18 | THURSDAY 6/19 | FRIDAY 6/20 | SATURDAY 6/21 |
|---|---|---|---|---|---|---|
| *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* | *Breakfast* |
| Toast/Bagel | Toast/Bagel | Toast/Bagel/Danish | Toast/Bagel | Toast/Bagel | Toast/Bagel | Toast/Bagel/Waffles |
| Loaded French Toast | Muffins | Eggs | Breakfast Quiche | Donuts | Omelets | Eggs |
| Eggs | Eggs | Oatmeal | Eggs | Eggs | Eggs | Oatmeal |
| Oatmeal | Oatmeal | Butter Grits | Oatmeal | Oatmeal | Oatmeal | Butter Grits |
| Butter Grits | Butter Grits | Sausage/Bacon | Butter Grits | Butter Grits | Butter Grits | Sausage/Bacon |
| Sausage/Bacon | Sausage/Bacon | Hash Browns | Sausage/Bacon | Sausage/Bacon | Sausage/Bacon | Hash Browns |
| Hash Browns | Hash Browns | | Hash Browns | Hash Browns | Hash Browns | |
| *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* | *Lunch* |
| Pot Roast w/Gravy | Creamy Eggplant Bianca | Lemon Pepper Cod | Diced Pork w/Gravy | Creamy Chicken Parmesan | Baked or Fried Shrimp | Salisbury Steak w/ Gravy |
| Mashed Potatoes | Glazed Carrots | Wild Rice | Buttered Noodles | Garlic Pasta | Cheese Grits | Mashed Potatoes |
| Broccoli w/Cauliflower | Caesar Salad | Vegetable Blend | Green Beans | Fresh Broccoli | Breaded Okra | Blended Veggies |
| Dinner Roll | Garlic Roll | Dinner Roll | Dinner Roll | Dinner Roll | Hush Puppies | Dinner Roll |
| Apple Crisp | Cake w/Icing | Lemon Cake | Peach Cobbler | Peachy Bread Pudding | Key lime Pie | Cheesecake |
| *Dinner* | *Dinner* | *Dinner* | *Dinner* | *Dinner* | *Dinner* | *Dinner* |
| Vegetable Soup | Pinto Bean Soup | Beef Vegetable Soup | Chicken Noodle Soup | Creamy Vegetable Soup | Creamy Potato Soup | Creamy Broccoli Soup |
| Chicken Gyro | Tuna Salad or Egg Salad | Chicken & Rice Casserole | Potsticker Casserole | BBQ Pulled Pork | Cheeseburger or Hot Dog | Ham & Turkey Sub |
| Potato Wedges | Corn Nuggets | Green Beans | Veggie Egg Roll | Baked Potato | Fries | Chips |
| Fresh Grilled Vegetables | Side Salad | Deviled Eggs | Side Salad | Cole Slaw | Cole Slaw | Green Salad |
| Ice Cream | Bread or Crackers | Side Salad | Brownie | Buns | Pecan Pie | Cake w/Icing |
| | Banana Bread | Sweet Potato Pie | | Peanut Butter Cookies | | |

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